

Parent-Child Creative Folk Dance



Be inspired by live music, learn simple traditional steps, and enjoy plenty of imagination!

Combining folk dance, structured creative movement, free dance and singing games for parent-child pairs.

All with live fiddle music ~ lyrical waltzes to upbeat jigs.



www.hopehoffman.org

* [Online Booking Form for Event Planners](#) *

E-mail via www.hopehoffman.org

(207) 332-3459

Creative Movement for Science Lessons



An example of this kind of program is:

Life Cycles of Seeds and Butterflies

A movement piece with children working as a group while Hope provides a spoken narrative and fiddle music. We discuss the material, do movement warm-ups and group building, & learn simple interpretive choreography.



Story Dances

An example of this kind of program is:

The History of Bowdoinham

Learn about local history through music and movement, participating in the creation & performance of an original theater piece. Written and directed by Hope Hoffman, the show includes fiddle music and singing. Choreographed and improvised dances bring the story to life.

All with Live Fiddle Music

Programs can be developed around themes including science, the arts, the natural world & local foods.

The usual length of a program is 45 minutes; the addition of Hope's brief lecture-demo about fiddle music can extend the program to 60 minutes. If your venue has more than one group of participants, the program can be arranged as two or three consecutive sessions of 30 minutes each.

For ages 5-10, and can be adapted for various age groups including preschool & middle school.

Hope Hoffman has been a freelance dance teacher since 1999 and a full-time performer including fiddle music since 2001. Her sessions of music and dance for children have been presented multiple times at the [Children's Museum of Maine](#) in Portland, [Curtis Memorial Library](#) in Brunswick, the [Maine Discovery Museum](#) in Bangor, and the [Long Island Children's Museum](#) in New York.

"It isn't just any musician/dance leader who can keep a bunch of kids singing, dancing and having fun for 45 minutes. The very talented Hope Hoffman did just that. She is focused, enthusiastic, flexible and responsive. She was also warm and inviting, and kept the group on track with gentleness and skill. All of us had a great time."
-- [Michael Parent](#) (Storyteller and teacher)

www.hopehoffman.org/workshops.htm